

# Travel certificate

## for adrenaline auto-injector

Due to my risk of anaphylaxis (severe allergic reaction), I have been prescribed \_\_\_\_\_ adrenaline auto-injector and should carry it at all times.

Patient name:

Born (Month/Day/Year:

Date, Physician's name

---

Clinic of Pediatrics Halland Sweden

Halmstad

+46 35-13 10 00

Falkenberg

+46 346-560 00

Varberg

+46 340-48 10 00

Kungsbacka

+46 300-56 50 00

The auto injector is used for the emergency treatment of serious allergic reactions or anaphylaxis caused by peanuts or other foods, drugs, insect bites or stings and other allergens as well as exercise or unknown cause.

The auto-injector consists of a pre-filled syringe of adrenaline (epinephrine) in an automatic injection device (injection pen). This injects a single dose of adrenaline into muscle.

Adrenaline is a natural hormone released in response to stress. In an acute allergic reaction it improves blood pressure, heart function and breathing, and reduces swelling.